

Tune: *Froggy's First Jump* by Dave Whetstone / The Albion Band **Source:** Paul Handford / Thames Valley International Morris **Chorus:** sticking & cross over, galley, foot-together-jump. Repeat. Sticking is: RB-RB-PF PB-PB-LF RB-RB-PF-PB LF-PB. Rhythm is "Peas porridge hot, peas porridge cold, peas porridge in the pot, too old!" Crossings are struts (#1 & #2) and plain capers (#3 & #4). **Sequence:** once to yourself, foot up & down, half gyp, back to back, rounds

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