

## Single Step

The single step is used to move forward.

Field Town does not traditionally use single steps. However, in the unlikely event that a dancer needs to move forward during [hop backs](#), single steps are substituted.

The pattern is "1-hop 2-hop," like skipping. However, the legs are mostly straight and slightly in front of the dancer (like with [double steps](#)). As with double steps, on the hop the free leg comes up and kicks (with the toe held up-not pointed) so the bells get a nice ring.

Hankie or stick movements should be the same as for whichever step the single step is replacing.

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