

Once to Yourself

Hankie dances: stand in position, trying not to look stupid. Five beats before the end of the tune, bring the hankies up to chest-level and rise onto your toes. Then two [hop backs](#) and a [foot-together-jump](#). *Stick dances*: stand in position, trying not to look stupid. Two beats before the end of the tune, do a [foot-together-jump](#).

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