

**Tune:** *The Keel Row* (MP3 played by Jeff Bigler) **Set:** 8 dancers; 29" (medium) sticks; skipping (single steps) **Source:** *Ironmen* (via Kearn Morris) **Chorus:** H-L-H-L-H-L-FBF (all but last FBF while stepping) **Figures:** forearm swings, star, casting (mirror) hey, motorcycle hey, casting hey, star, forearm swings, final chorus speeding up and ending with one dancer chasing the other off

From:

<https://wiki.banburycross.org/> - **Banbury Cross Morris & Sword Wiki**

Permanent link:

<https://wiki.banburycross.org/doku.php?id=dances:borde:woodhouse-bog-description>

Last update: **2018/07/15 21:38**

